



SBWN

South Bay Women's Network

THE NETWORKER

P.O. Box 6213 • Los Osos, CA 93412-6213 • 805.595-SBWN(7296) • www.sbwn.org • info@sbwn.org

JULY 2013

South Bay Network Women's Mix & Mingle at The Perfect Pedicure



SBWN Past President Dee Corcoran with mixer hostess Karan Dodson.



SBWN Member Sue Conrad with guest Stephanie.



Diane Woodworth, Sally Brooks and Pete Woodworth.



Volkmar Metzler was one of three husbands who attended the Mix & Mingle.



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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to the Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

SBWN 2013-2014 Coming Events

AUGUST

Summer Evening Scholarship Benefit Art at Sunset

Tuesday, 6th @ 6pm
Maggie's Meticulous Mat
& Frame Shop
2280 Sunset Dr., Suite EE
Los Osos

Board Meeting

Tuesday, 13th @ 8:30am
Financial Service Trends
2238A Bayview Heights
Los Osos

SEPTEMBER

Luncheon
Tuesday, 3rd @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Speaker:

Lynn Ann Aronsen
Hylunia

Board Meeting

Tuesday, 10th @ 8:30am
Financial Service Trends
2238A Bayview Heights
Los Osos

OCTOBER

Luncheon
Tuesday, 1st @ noon
Inn at Morro Bay
60 State Park Road
Morro Bay

Member Spotlight

Board Meeting

Tuesday, 8th @ 8:30am
Financial Service Trends
2238A Bayview Heights
Los Osos



A Message from Our President

Thinking about our members, I have to say I am impressed! What a wonderful presentation Claudia Gwinn, Carrie Asuncion and Irene Neal gave at our last luncheon with their member spotlights! This organization is chock full of wonderful women with many talents and special gifts. In getting to know our newest members better, it brings to mind the upcoming networking opportunities and the fun and casual atmosphere with which to share with one another.

Before we know it the August Summer Evening Scholarship Benefit will be here. This year we have been so fortunate to have local business woman Maggie MacKay offer up her entire collection of artwork for 50% off with ALL PROCEEDS going to

the South Bay Women's Network and scholarship fund! She has some really beautiful pieces, framed and unframed as well as card stock and hand written cards featuring her precision calligraphy. We will have live music, beer, wine and food and of course always great company. I encourage you all to attend! Our events are ever more successful when the membership attendance is strong, and besides...it will be fun!

Something new that was implemented at the last luncheon was a business card drawing for a free lunch for a guest. This is a great opportunity to invite someone to the monthly meeting and share all that we have to offer in the way of networking and forming lasting relationships that benefit everyone. It is my desire and goal to increase the membership this year and set a new record for the number of women who are a part of this amazing organization. With your help, I know we can achieve it! So I'm putting out the call...think of at least one woman you would like to bring into the network and invite her to be a guest. Who knows, you might even be able to offer her a free lunch!

Finally, I am very excited to announce that the new location for our annual Holiday Benefit and Dinner will be Windows on the Water in Morro Bay! The menu is fabulous and the ambiance perfect for our 30th year anniversary! I am looking forward to this venue and the opportunity for us all to create something very special!

Enjoy yourselves, ladies and I hope to see you all August 6th at the Benefit!

MEMBERS have either a standing or absentee reservation for lunch. Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting. Book your reservation by calling 595-SBWN, emailing info@sbwn.org or online at www.sbwn.org

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$18 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. To receive a membership application call 595-SBWN or visit www.sbwn.org.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

SBWN Scholarship Applications Now Available

SBWN is accepting scholarship applications for a female re-entry student. Members may nominate a woman whose education would benefit from this scholarship opportunity. **Applications will be accepted until September 6th.**

An application is included in this newsletter or you can fill one out via the website, www.sbwn.org. For more information call 595-7296.

Art at Sunset – Summer Evening Scholarship Benefit

On Tuesday, August 6, 2013 South Bay Women's Network will be hosting its Annual Summer Evening Scholarship Benefit from 6 to 8 pm, an event dedicated to raising funds for an educational scholarship to be awarded to a female, adult re-entry student attending Cuesta College.

The scholarship is open to women returning to college either following an unexpected diversion, which prevented them from graduating, or to further their career. Fundraising efforts will include a raffle of matted and framed prints of various sizes and themes that the winner will be able to choose from, as well as the opportunity to contribute directly to the educational scholarship with individual donations.

This year's event, Art at Sunset, will take place at Maggie's Meticulous Mat & Frame Shop, 2280 Sunset Dr., Suite EE, Los Osos, and will feature artistic hors d'oeuvres along with beer and wine. In addition to the fundraising efforts, the Summer Benefit Mixer is also a wonderful way for potential members to see what SBWN is all about.

There is no cost to attend however attendees are encouraged to support the educational scholarship by purchasing raffle tickets. For more information contact SBWN at info@sbwn.org or call 595-7296.

South Bay Women's Network is celebrating 30 years and is open to all women on all job levels and in every occupation. It offers an opportunity to share ideas, build friendships and exchange support on both a professional and personal level.

**We had 27 Members & Guests
at our July Luncheon
Welcome Returning Member
Marge Griffin**



Birthday Girls

Wendi Brodsky August 9
Shaunna Sullivan August 19
Leslie Kasanoff August 26
Janet Farrell August 29
Monica Randeem August 31

ANNOUNCEMENTS!!!!!!

• LUNCHEON GUEST PASS GIVEAWAY –

We have a new giveaway at our luncheon meetings. Members can enter a drawing to win a free lunch for an invited guest. Bring your business cards for this new drawing.

REMEMBER THERE IS NO LUNCHEON MEETING IN AUGUST!

• **PENNIES FROM HEAVEN** – A penny jar will be at each meeting to begin raising money for our scholarship fund. So check your pockets and the bottom of your purse for loose change and bring to the next luncheon meeting.

• Remember the newsletter is your voice.

The Networker newsletter invites SBWN members to provide women in business, women in life articles and photos of important events. A newsletter is one of the best ways for network members to stay in touch with what other members are doing. Keep them posted in **Network in the News** and **Personal Notes** columns. Information can be emailed to info@sbwn.org

• **PROMOTING OPPORTUNITY** - If you have a product you wish to offer our members at lunch please contact the President. We are allowing only 3 members to bring their items to display at the end of the lunch meeting so first come first serve. All transactions must be conducted after our luncheon.

2013-2014 SBWN Board of Directors

President

Gila Zak
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Luncheon Coordinator

Sally Brooks
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LUNCH RESERVATIONS

595-SBWN
info@sbwn.org

A thought for the month...

"Life is a paradise for those who love many things with a passion."

– Leo Buscaglia

New Members Spotlighted at July Luncheon



Vice President Debra Angell introduces some of our newest members.



Claudia Gwinn of Comfort Keepers.



Irene Neale of How to Master Money.



Carrie Asuncion of Keys to Empowerment.



SBWN member Paulla Ufferheide during announcements.

Photos by Dawn Rodden

Members of SBWN Participated in the First Health & Wellness Fair at Los Osos Rexall



Sally Brooks, The Great Skin Company and Lynn Ann Aronsen, Hylunia.



Gila Zak, Quantum Waves Biofeedback.



Leslie Kasanoff (right), Tower Garden/Juice Plus.



Claudia Gwinn and Paula McMahon, Comfort Keepers.

**ONE MONTH FREE
BUSINESS CARD SIZE AD
FOR ALL MEMBERS**

YOUR AD HERE!

Contact Marketing Director for info, 595-7296.



**LIFESTYLE
MANAGEMENT LLC**

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Diane "Dee" Corcoran
MBA, AAMS

NEXT NEWSLETTER DEADLINE: August 15th



SBWN Scholarship Application and Nomination Form

Instructions

If you are nominating a woman for the SBWN Educational Scholarship, please fill out the SBWN Nomination Form. Please refer to the guidelines below before completing the Nomination Form. Only those who meet the basic guidelines will be considered.

If you are applying for the SBWN Educational Scholarship, please fill out the SBWN Scholarship Application. Please refer to the guidelines below before completing the Scholarship Application. Only those who meet the basic guidelines will be considered.

Completed Nomination Forms and Scholarship Applications can be emailed to info@SBWN.org or sent to P.O. Box. 6213, Los Osos, CA 93412-6213

SBWN Educational Scholarship Guidelines

1. Female; minimum 21 years of age
2. Must be a re-entry student (see definition below)
3. No prior degree, including an Associate Degree (AA or AS); certification is acceptable
4. Must be a part or full time student attending Cuesta College

A re-entry student, defined in the educational system, is one who attends college following an interruption in their post-high school education. The student either did not attend college after high school or the student started a degree but was unable to complete it.

SBWN Nomination Form:

Must be postmarked or received by September 6, 2013

Date: _____ Name of Nominee: _____

Nominee Address: _____

Nominee Contact Number: _____ Nominee Email Address: _____

Does the nominee meet the basic guidelines? _____ How long have you know the nominee? _____

How do you know the nominee? _____

For what reason did the nominee discontinue their education? _____

For what reason did the nominee return to pursue, or begin pursuing, their education as a re-entry student? _____

What makes the nominee a good candidate for the SBWN Education Scholarship? _____

How will the SBWN Education Scholarship benefit the nominee? _____

Nominated by: _____

Contact Number: _____

Email Address: _____

 Scholarship Application:

Must be postmarked or received by September 6, 2013

Date: _____ Name: _____

Address: _____

Contact Number: _____ Email Address: _____

Do you meet the basic guidelines? _____ List any post-high school certificate earned: _____

How long have you been attending Cuesta College? _____

How many credits have you earned at Cuesta College? _____

Have you earned credits at any other college, if so, please list: _____

For what reason did you discontinue you education? _____

For what reason did you return to pursue, or begin pursuing, your education as a re-entry student?

What makes you a good candidate for the SBWN Education Scholarship? _____

How will the SBWN Education Scholarship benefit you and your educational goals? _____