



SBWN
South Bay Women's Network

THE NETWORKER

P.O. Box 6213 • Los Osos, CA 93412-6213 • 805.595-SBWN(7296) • www.sbwn.org • info@sbwn.org

DECEMBER 2013

2013 SBWN Holiday Dinner & Benefit at Windows on the Water



SBWN President Gila Zak.



Rosa Metzler with Julie and Chris Neva.



Beautiful decor by Marshall Gardens.



SBWN Secretary Sandra Brazil.



Gary and Judi Tewell (SBWN founding member).
Photos by Monica Randeem



Wonderful raffle and silent auction items donated by local businesses.



SBWN Past President Dee Corcoran with Val Seymour and Shaunna Sullivan.



Monica (SBWN Historian) and Jim Randeem.



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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to the Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

SBWN 2013-2014 Coming Events

JANUARY

Luncheon
Tuesday, 7th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Speaker:

Marianne Kennedy
Executive Director,
Women's Shelter Program
of SLO

Board Meeting

Tuesday, 14th @ 8:30 am
Financial Service Trends
2238A Bayview Heights
Los Osos

FEBRUARY

Luncheon
Tuesday, 4th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Speaker:

TBA

BOARD NOMINATIONS

Board Meeting*

Tuesday, 11th @ 8:30am
Financial Service Trends
2238A Bayview Heights
Los Osos

*extended Board Meeting to
discuss professional seminar

MARCH

Luncheon
Tuesday, 4th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Member Spotlight

BOARD ELECTIONS

Board Meeting

Tuesday, 26th @ 8:30am
2238A Bayview Heights
Los Osos



- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce
-  Like Us!

A Message from Our President

Greetings, Members!

I trust this month's message finds you all busy prepping for the Christmas holiday, relaxing and reveling in the post Hanukkah festivities or on any level in between!

Our annual Holiday Benefit and Party was a HUGE success, and the change in venue was welcomed and affirmed to be as wonderful as we had hoped. As it was our first time at this location, there are a few kinks to be worked out – but the ambiance was elegant, intimate and festive! With the calculations having been made, expenses paid and such we are able to donate to the SLO Women's Shelter this year in the amount of \$1,500.00! We are so grateful

for all of the continued support of the local businesses and individuals that make this a successful operation!

In the vein of support, I'd like to make special mention of our member Irene Neal, who has so generously offered to offer her services of *How To Master Money* to ALL three of the recipients of this year's scholarship awards. Learning to create healthy patterns, beliefs and actions surrounding money is integral to becoming financially independent and with Irene's incredible gift and talent, I am sure that these young women will flourish in this area. Thank you, Irene! You are an angel and a wonderful representative of our organization!

As this is the final newsletter of 2013, I would like to take a moment to wish you all a wonderful New Year and a prosperous and fulfilling 2014! We have many things on the calendar to attend to with the remaining months of this current board's tenure and we look forward to kicking off the New Year with a bang! Among other things, there will be an upcoming evening mixer in February, so stay tuned for time and location!

Cheers!

Gila

MEMBERS have either a standing or absentee reservation for lunch. Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting. Book your reservation by calling 595-SBWN, emailing info@sbwn.org or online at www.sbwn.org

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$18 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. To receive a membership application call 595-SBWN or visit www.sbwn.org.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities

Thank You

Kudos to Network members!

Your Holiday dinner celebration was an amazing event!

For me - seeing programs we started so long ago, doing so well 30yrs later really warmed my heart.

Hope to see you soon.

– Alyce Thorp

**We had 62 Members & Guests
at Our 2013
Holiday Dinner & Benefit**

Featured Speaker Marianne Kennedy of Women's Shelter of SLO

On Tuesday, January 7, 2014, South Bay Women's Network (SBWN) will meet at La Palapa Mexican Cuisine & Seafood, located at 1346 2nd Street in Baywood Park at noon. The first luncheon of the New Year will feature Marianne Kennedy, Executive Director of Women's Shelter Program of SLO. Marianne will update us on what has been happening with the shelter's program over the past year.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$16 for members and \$18 for guests. For required guests reservations and member cancellations please call 595-7296 or email info@sbwn.org no later than 12 noon the Friday prior to the meeting. Visit our website at www.sbwn.org

ANNOUNCEMENTS!!!!!!

- **SBWN Election time** is just around the corner. Board position descriptions will be available in January so start thinking about a position you may be interested in. Nomination forms will be available in February. If you have any questions about a board position please ask a current board member.

- **ADVERTISING OPPORTUNITY** - SBWN Members can place flyers in our monthly newsletter for \$25. Please contact Dawn Rodden, 595-7296 for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to info@sbwn.org.

One month free Business Card ad for all members. A great opportunity for new members to introduce yourself.

SLO County Women's Wall of Fame

At this time of year as we are planning to give the ones we love gifts. We want to thank and recognizes those who give back to our community every day.

Let's recognize the many women in our county who give above and beyond for the betterment of others. The San Luis Obispo County Commission on the Status of Women (CSW) is expanding their San Luis Obispo County Woman of the Year Award to include the many women of our county who volunteer endless hours to the service of others. CSW is a commission of women appointed by the SLO Co. Board of Supervisors to advocate for women and girls and inform the Board of Supervisors of unmet needs in the county. CSW is asking organizations and individuals throughout San Luis Obispo County to submit the name of a woman who has given in an exemplary way to better the lives of others. All nominees will be recognized at a luncheon held at the Madonna Inn on March 15, 2014. The top three nominees will have their photo go on the Women's Wall of Fame in the County Government Building. We encourage you to nominate a woman who has volunteered of her time in an exemplary manner. CSW is collaborating with the South Bay Women's Network to provide the recognition luncheon to honor all nominees and introduce the three winners.

To nominate an individual, download the application on the Commission on the Status of Women website at www.slowomen.org, contact or call CSW at COSOWO@gmail.com or 805-788-3406. Please have your Nominations in before January 10, 2014



Birthday Girls

Gila Zak.....January 9
 Paulla Ufferheide.....January 10
 Dee Corcoran.....January 11
 Dianne Woodworth..... January 12
 Joanne Smith..... January 13
 Arlene Triplett..... January 21
 Marge Griffin.....January 28

2013-2014 SBWN Board of Directors

President

Gila Zak

Quantum Waves Biofeedback
704-3599
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Vice-President

Debra Angell

Hair & Make-Up by Angell
528-7798
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Secretary

Sandra Brazil

The Pampered Chef
746-3233
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Treasurer

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Marketing Director

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Creative Design Graphics
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Special Events Director

Paulla Ufferheide

Wines for Humanity
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Historian Director

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Keller Williams Realty
772-9016
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Past President

Dee Corcoran

LifeStyle Management LLC
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Luncheon Coordinator

Sally Brooks

The Great Skin Company
528-6957
sallyskin@yahoo.com

LUNCH RESERVATIONS

595-SBWN

info@sbwn.org

More Photos of 2013 Holiday Dinner & Benefit



Gail and Julie Galloway.



Christine and Jim Marshall.



Maggie McKay and Sally Brooks.



Guests Karen Dillis and Judy Wolf.



Rick Albro and Jeff Lewis.



Christine "Vanna White" Womack.



Paulla Ufferheide.



Marianne Kennedy.



Founding members Cathy Stalter and Alyce Thorp.



A thought for the month...

I can promise you that women working together - linked, informed and educated - can bring peace and prosperity to this forsaken planet.

- Isabel Allende

Happy Holidays & A Prosperous New Year!

NEXT NEWSLETTER DEADLINE: January 15th