

SBWN Enrichment Seminar Program

10:00 – 10:55 AM

Carrie Asuncion:

- Break free from limiting beliefs
- Develop authentic confidence
- Create greater ease and joy in your life
- Determine what matters most to you and go after it!

10:55 – 11:05 AM

{10-Minute Break}

11:05 – Noon

Irene Neale:

- Welcome & Her Story
- Changing our minds; how did we get here; habits and habitual patterns
- What action we can take to assist us in changing our minds
- 4 basic classifications regarding money
- Discussion:
 - Debt and debt reduction
 - Spending ; plan to support new habits
 - Payment plan; savings plan
 - Accountability and tracking
- How couples can make their financial life together more relaxed

12:00 – 12:45 PM

{45-Minute Lunch Break}

12:45 – 1:40 PM

Christine Womack:

- Getting the retirement you want
- Establishing priorities; vision of retirement
- Identifying reliable income
- Managing your money; planning, turning goals into reality
- Making it personal; complete the retirement puzzle
- Putting you in the confidence zone

1:40 – 1:50 PM

{10-Minute Break}

1:50 – 2:45 PM

Dee Corcoran:

- Keeping the WOLVES (or vultures) at bay: whom can you trust?
- How to interview your life management team
- Armed with knowledge basics
- Tools for success: reviewing, evaluating, changing & implementing

2:45 – Whenever

Panel Discussion:

Tie it all together and make sense of it