

SBWN Members and Guests Attended the 2014 Enrichment Seminar



Enrichment Seminar presenters Irene Neale, Carrie Asuncion, Christine Womack and Dee Corcoran.



The Los Osos Community Park Schoolhouse was the perfect setting to learn about tools to help build dreams and financial security.



Seminar attendees got a chance to network while enjoying lunch provided by Nichols Pizza N Grill.

Photos by Dawn Rodden

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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

SBWN 2014-2015 Coming Events

JULY

Luncheon

Tuesday, 1st @ noon

La Palapa

1346 2nd Street

Los Osos/Baywood Park

Speaker:

Stacey Hunt

Ecologistics/Blue C Garden

Board Meeting

Tuesday, 8th @ 8:30am

1780 Pecho Rd. LO

AUGUST

Luncheon

Tuesday, 5th @ noon

La Palapa

1346 2nd Street

Los Osos/Baywood Park

Speaker:

Valentina Petrova

Holistic Movement Center

Summer Evening Scholarship Benefit

Friday, 8th @ 7-10pm

Board Meeting

Tuesday, 12th @ 8:30am

TBD

SEPTEMBER

Luncheon

Tuesday, 2th @ noon

La Palapa

1346 2nd Street

Los Osos/Baywood Park

Speaker:

Lorna Whiteaker

Chapter Chair for

SLO SCORE

Board Meeting

Tuesday, 9th @ 8:30am

TBD



A Message to Our Members

Greeting Ladies!

You may or may not remember, but in last month's message I made reference to a super secret special event we are planning for our August fundraiser. Now it's time to reveal some of the details about what we have planned. You are all a very important part of it!

Our fabulous Network will be putting together an amazing, straight-up 1920s Speakeasy with ALL of the bells and whistles. This is our theme, and we'll be sticking to it from start to finish. The time and date will be August 8th, 2014 from 7-10pm. There will be a password to get in, and we are keeping many details of the event secret, you know, so we keep the "heat" off of us. You

MEMBERS have either a standing or absentee reservation for lunch. Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting. Book your reservation online at www.sbwn.org or email info@sbwn.org

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$20 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. Online membership applications available at www.sbwn.org or email info@sbwn.org to request a membership brochure.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities

- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

have to know somebody, who knows somebody to get in, and full details are only revealed to those who are officially "in". You get yourself "in" by saying you want to come and making a minimal donation of \$20/person to our scholarship fund for the lovely ladies who are re-entry students at Cuesta College. Space is very limited, so we are encouraging everyone to get their RSVPs in as soon as possible!

Of course, if you're in the "Network" you are in the know! We encourage you all to let us know right away if you'd like to attend. I will add your name to the official list, and you can make you donation at the July lunch meeting. We also encourage you to make a short list of your favorite friends and clients, so you can make sure they too are in the know! This event will be a roaring good time, and we don't want any of our closest confidantes left out! There will not be ANY marketing for this event, so the only way your friends and clients can find out about this very special evening is through you! An email was sent out to you all last week, so if you haven't already gotten it, check those spam boxes or let us know and we'll be happy to resend it to you. It promises to be the most talked about event of the summer, and it's filling up quickly!!

See you in July!

AJ Fudge
Vice President

**We had 19 Members & Guests
at our June Luncheon
Welcome New Member
Elizabeth Aloe
We Are 33 Members Strong**



Birthday Girls

- Linda Albro.....July 3
- Elizabeth Aloe.....July 28

ANNOUNCEMENTS!!!!!!

IMPORTANT INFORMATION PLEASE TAKE NOTE

WEBSITE UPDATE

• **PAY YOUR LUNCHEON FEES ONLINE:** You can **NOW** pay for your lunch or for your guest online through paypal on our website.

As a member, if you have a standing reservation, you can pay ahead to save time checking in. Guests and members listed as absentee can pay online with their reservation or choose the "pay at the door" option.



• **WE ARE UPDATING THE MEMBERSHIP DIRECTORY WITH FOUR COLOR PHOTOS OF OUR MEMBERS. PLEASE SEND US AN IMAGE OR UPLOAD IT TO YOUR PROFILE.**

If you need or lost your log-in info you can contact Dawn at info@sbwn.org to receive a temporary password to log in with. You can then reset if you wish.

• **AUGUST CALENDAR:** We will be changing it up this year by having **BOTH** a luncheon meeting **AND** a Summer Evening Benefit. We will be holding our benefit on a Friday evening, August 8th, so more of our members and guests can attend. The luncheon will be Tuesday, August 5th and feature an exciting program. Check the online calendar for updates.

A thought for the month...

"Define success on your own terms, achieve it by your own rules, and build a life you're proud to live."

– Anne Sweeney
President of Walt Disney

July Speaker Stacey Hunt of Ecologistics, Inc. a Local Non-Profit

On Tuesday, July 1, 2014, South Bay Women's Network (SBWN) will meet at La Palapa Mexican Cuisine & Seafood, located at 1346 2nd Street in Baywood Park at noon. Join us at this month's luncheon meeting for our featured speaker, Stacey Hunt of Ecologistics, Inc.

Ecologistics, Inc. is a local nonprofit working to create a resilient and healthy community for the residents of San Luis Obispo County that is sustainable, both environmentally and economically. CEO Stacey Hunt will talk about the organization's many projects, including the Blue C Community Garden in Los Osos, the Central Coast Bioneers Conference, and the Dreaming the Salinas Initiative.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$16 for members and \$20 for guests. For required guests reservations and member cancellations please visit our website at www.sbwn.org or email us at info@sbwn.org no later than 12 noon the Friday prior to the meeting.

SBWN Scholarship Applications Now Available

SBWN is accepting scholarship applications for a Cuesta College female re-entry student. Members may nominate a woman whose education would benefit from this scholarship opportunity. **Applications will be accepted until September 5th.**

Online application/nomination
available at www.sbwn.org.

2014-2015 SBWN Board of Directors

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LUNCH RESERVATIONS

info@sbwn.org

Networker's Participated in the 2014 LO/BP Business Expo



SBWN Historian Rosa Metzler and Treasurer Arlene Triplett.



Maggie McKay, Maggie's Meticulous Mat & Frame Shop.



Gila Zak, Quantum Waves Hypnotherapy & Biofeedback.



Marge Griffin, Mary Kay Cosmetics.



Sue Prior (l.), Seronda Senior Services.



Julie Neva, Rovia, Co..

Photos by Rosa Metzler



Christine Marshall, Marshall Gardens. BEST OF THEME booth winner.

June Luncheon Speaker Dr. Susan Lundgren



ADVERTISING OPPORTUNITY - SBWN
 Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to info@sbwn.org.

ONE MONTH FREE BUSINESS CARD SIZE AD FOR ALL MEMBERS

YOUR AD HERE!

Contact Marketing Director, info@sbwn.org.

NEXT NEWSLETTER DEADLINE: July 15th