

## Beautiful Photos from Our Member Debra Angel's Travels



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### Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

## SBWN 2015-2016 Coming Events

### NOVEMBER

Luncheon  
Tuesday, 3rd @ noon  
La Palapa  
1346 2nd Street  
Los Osos/Baywood Park

#### Speaker:

Scholarship Recipient(s)

#### Board Meeting

Tuesday, 10th @ 5:30am  
LO/BP Chamber  
781 Palisades Ave., LO

### DECEMBER

#### Holiday Dinner & Benefit

Sunday, 6th @ 6:00 pm  
Windows on the Water  
699 Embarcadero #7  
Morro Bay

#### Board Meeting

Tuesday, 8th @ 5:30 pm  
LO/BP Chamber  
781 Palisades Ave., LO

**Please note: there WILL NOT be a luncheon in December.**

### JANUARY

Luncheon  
Tuesday, 5th @ noon  
La Palapa  
1346 2nd Street  
Los Osos/Baywood Park

#### Speaker:

Marianne Kennedy  
Executive Director,  
Women's Shelter Program  
of SLO

#### Board Meeting

Tuesday, 12th @ 5:30 am  
LO/BP Chamber  
781 Palisades Ave., LO



## A Message to Our Members

### Reprinted from last year's newsletter

Greetings fellow network members!

I trust this message finds you all well moving into the change of season – though you wouldn't know it yet with the weather still so hot!

As we move into the holiday season, I want to remind you all how important you all are to the organization, and in supporting our mission of being of service to the local community.

With the annual Holiday Benefit and dinner just around the corner. Last year was a HUGE success overall at the new venue and I want to take a moment to remind you all of a few things:

The annual dinner and benefit is designed for

**MEMBERS have either a standing or absentee reservation for lunch. Member cancellations or guest reservations are requested by 12:00 P.M. the Friday prior to the day of the meeting. Book your reservation online at [www.sbwn.org](http://www.sbwn.org) or email [info@sbwn.org](mailto:info@sbwn.org)**

## How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$20 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. Online membership applications available at [www.sbwn.org](http://www.sbwn.org) or email [info@sbwn.org](mailto:info@sbwn.org) to request a membership brochure.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

the membership and their guests to enjoy a wonderful evening of great food, entertainment and a chance to socialize with one another in a festive environment. Look for the upcoming announcement and invitation for details

Every member that is present will be eligible to win a fabulous getaway package – you really will want to get in on this!

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## Scholarship Presentation at November Luncheon Meeting

On Tuesday, November 3, 2015, South Bay Women's Network (SBWN) will meet at La Palapa Mexican Cuisine & Seafood, located at 1346 2nd Street in Baywood Park at noon. We will be presenting our 2015 Scholarship winners, April DeLeo, Linda Larios, Kimari Peterson and Melanie Jennings. After receiving scholarship applications and nominations, the South Bay Women's Network has selected the recipients of the SBWN Educational Scholarship Fund.

Potential recipients either submitted an application themselves or were nominated, and each was required to be a female Cuesta College re-entry student, defined in the educational system as one who attends college following an interruption in their post-high school education.

Funds for these scholarships were raised at the 2015 Speakeasy Scholarship Benefit, Pennies from Heaven luncheon meeting fundraiser and generous donations from SBWN members.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$16 for members and \$20 for guests. For guests reservations and member cancellations please visit our website at [www.sbwn.org](http://www.sbwn.org) or email us at [info@sbwn.org](mailto:info@sbwn.org) no later than 12 noon the Friday prior to the meeting. Bring a friend to lunch!



# ANNOUNCEMENTS!!!!!!

## • HOLIDAY DINNER & BENEFIT DONATIONS

With only about a month away, we are on the hunt for raffle prizes and silent auctions items. The Board is asking members to possibly donate just one item or ask your favorite business for a HOLIDAY DINNER & BENEFIT donation for our fundraiser. We need some overnight trips and other big ticket items for the Silent Auction. Remember great gift items sell raffle tickets and the funds we raise go to the Women's Shelter.

Please note that there WILL NOT be a luncheon in December.

Contact Events Co-Directors Debra Garcia, 473-7733 or Sana Begovic, 225-1070 for more information and to sign up to help. Here is the list we need help with.

You can email us if you wish to help.

**Selling Raffle Tickets:** (4-6 needed)

**Door Hostess:**

1. Lois Taylor
2. open

**Decoration set up (approx. 3:30)**

(4-6 needed)

**Donation Prize Set up (approx. 3:30)**

(4-6 needed)

**Silent Auction Table** (1 needed)

**Clean Up Committee:** (4-6 needed)

• **Entries for the 28th Annual Los Osos/ Baywood Park Christmas Parade will be available November 1st.** – This year's parade is being held Saturday, December 12th at 10am with "Christmas Safari" as the theme. Those interested in participating will find an entry form at [www.lobpchamber.org](http://www.lobpchamber.org) or by contact the Chamber office 528-4884 for more information.

**We had 17 Members & Guests at our October Luncheon**

## A Message to Our Members

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WE NEED YOU to please support the effort by donating an item or service, purchasing a small item or soliciting a donation from a local business or individual for the raffle. PROCEEDS BENEFIT THE LOCAL WOMEN'S SHELTER. The earlier we get the donations in the better, so don't delay.

Be sure to check your post and email in boxes for upcoming announcements regarding the event! I hope to see you there!!

Cheers, Gila

### A thought for the month...

"Walt Disney told his crew to 'build the castle first' when constructing Disney World, knowing that vision would continue to serve as motivation throughout the project. Oftentimes when people fail to achieve what they want in life, it's because their vision isn't strong enough."

– Gail Blanke, President and CEO, Lifedesigns



## Birthday Girls

- Dawn Rodden..... November 3
- Susan Swadener..... November 16

**ATTENTION MEMBERS:** Our reservation with La Palapa relies upon your standing reservation and any temporary changes you submit by the preceding Friday. In an effort to clean up our list and have an accurate head count, please provide what standing RSVP choice you prefer to Lois Taylor at [loistaylor4u@gmail.com](mailto:loistaylor4u@gmail.com) by the end of September. If your plans change on a permanent or one time basis, kindly provide this update as soon as possible to [info@sbwn.org](mailto:info@sbwn.org)

## 2015-2016 SBWN Board of Directors

### President

Paula Ufferheide  
Wines for Humanity  
900-5152  
[paulla@winesforhumanity.com](mailto:paulla@winesforhumanity.com)

### Vice-President

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### Secretary

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### Treasurer

Lois Taylor  
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### Membership Director

Christine Womack  
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654-7777  
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### Marketing Director

Dawn Rodden  
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### Event Co-Directors

Debra Garcia  
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### Sana Begovic

ecclectiQ  
225-1070  
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### Historian Director

Alyce Thorp  
528-7660  
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### Immediate Past President

Gila Zak  
Quantum Waves Biofeedback  
704-3599  
[quantumg@sbcglobal.net](mailto:quantumg@sbcglobal.net)

### LUNCH RESERVATIONS

[info@sbwn.org](mailto:info@sbwn.org)

A staged theatrical production of

# *The Other Woman*

An Open Discussion of Love, Deception, Betrayal & Survival

An adaptation by Victoria Zackheim

Featuring

Bestselling Author Mara Purl & Actress True O'Brien  
Former & Current Cast Leads on NBC's *Days of Our Lives*

**SLO's Talented**  
Jennifer Blomfield, Wendy Marie Martin & Sharee Hallman

**Produced & Directed by**  
Judy Salamacha & Linda A. Wilson

All Proceeds Benefit the Women's Shelter Program of SLO

**Monday — November 9 — 2015**  
**The Monday Club 1815 Higuera Street**  
**Wine & Cheese Social at 6:45 p.m.**  
**Curtain at 7:30 p.m.**

Donation \$25  
Tickets Sales at [www.wspslo.org](http://www.wspslo.org) or call Beth at (805)781-6401 Ext 202

With support from the Women's Shelter Program, SLO NightWriters, Kornreich Design,  
Tolosa Press and The Monday Club

**ADVERTISING OPPORTUNITY - SBWN**  
Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to [info@sbwn.org](mailto:info@sbwn.org).

**ONE MONTH FREE  
BUSINESS CARD SIZE AD  
FOR ALL MEMBERS\*  
YOUR AD HERE!**

\*Available for new members or members who have a new business or haven't had a card published.

**NEXT NEWSLETTER DEADLINE: November 15th**



## SBWN Auction/Raffle Donation Guidelines

**Dear SBWN Members:** This sheet contains detailed guidelines for the collection of auction/raffle gifts for this year's Holiday Dinner & Benefit. (Note that the raffle is to benefit the Women's Shelter Program of San Luis Obispo.) *It is important to adhere to the following guidelines to make the process as smooth as possible.*

The Auction/Raffle Gift Coordinator this year is **Gila Zak**. She will be keeping the Master List of donors, so that we do not duplicate our requests. Please keep her posted when/if you solicit any donations. If you have any questions about auction donations, please contact her. **A donation form must be filled out for ALL donations.**

**Please note:** We will NOT be able to accept donations after the deadline listed below, and we ask you do NOT bring donations on the evening of the Holiday Dinner & Benefit. Thanks for your help!

<b>Event Chairs:</b>	Debra Garcia and Sana Begovic
<b>Gift Drop-Off Deadline:</b>	Wednesday, November 25, 2015
<b>Gift Drop-Off Location:</b>	Home of Gila Zak, 749 Mar Vista Dr., Los Osos
<b>Gift Donation Organizer:</b>	Gila Zak 528-1408/cell 704-3599

### ***Donation Guidelines:***

1. Please ensure that all gifts are self-contained (i.e., if there are several parts to the gift, they should be enclosed in a basket or a gift bag. Please do not bring loose items.)
2. **FORMS:** Please fill out the 3-part donation sheet legibly and completely. Note that it's very important to write in a good description of the gift, especially the contents of gift baskets. The benefit gift coordinators will not have time to do this before the Holiday Dinner & Benefit.
3. The BOTTOM sheet – give to donor as a receipt.
4. The TOP 2 sheets – turn in with the gift to Gila for organizing.
5. Please ask the donor for two (2) business cards. Attach (1) to gift, (1) to donation form.