

Installation of 2016/17 Board of Directors



2016/17 Board of Directors: Debra Garcia, Vice President; Rita Flores, Membership Director; Lois Taylor, Treasurer; Dawn Rodden, Marketing Director; Christine Womack, President; Paulla Ufferheide, Immediate Past President. Not pictured Maria O'Reilly, Secretary.

Photos by Dawn Rodden and Monica Randeem



Outgoing board members Dawn Rodden, Marketing Director; Lois Taylor, Treasurer; Christine Womack, Membership Director; Debra Garcia, Event Director; Paulla Ufferheide, President. Not pictured Maria O'Reilly, Vice President and Gila Zak, Immediate Past President.



Debra presented outgoing President Paulla with a personalized portfolio case.

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Mission Statement

Professional business women promoting one another to achieve professional and personal goals. SBWN meets each month and offers its members valuable networking time with other businesswomen and informative presentations from a variety of speakers on topics relevant to business and the goals of businesswomen. In addition, we provide financial support and assistance to Women's Shelter Program of San Luis Obispo County and award a Cuesta College Scholarship to female adult re-entry students.

SBWN 2016-2017 Coming Events

APRIL

Friday, 22nd
BUSINESS EXPO
5:30 - 7:30 pm • SBCC

MAY

Luncheon
Tuesday, 3rd @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park

Speaker:

Gina Cinardo

Topic:

FACEBOOK FOR BUSINESS

Board Meeting

Tuesday, 10th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO

JUNE

Luncheon
Tuesday, 7th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park
Member Spotlight

Board Meeting

Tuesday, 14th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO

Adopt-a-Poll

Tuesday, 7th
St. Elizabeth Ann Seton

JULY

Luncheon
Tuesday, 5th @ noon
La Palapa
1346 2nd Street
Los Osos/Baywood Park
TBD

Board Meeting

Tuesday, 12th @ 5:30pm
LO/BP Chamber
781 Palisades Ave., LO



A Message to Our Members

Greetings SBWN Members,

Thank you to all the members who agreed to be on the board for the next year. I'd like to give special recognition to members who have newly joined our board. Rita Flores for stepping up to be Membership Director. Also Monique McCollum who showed an interest in event planning, attended the board meeting, and has already done some research for us on venues for our this years Summer Evening Scholarship Benefit. We appreciate the initiative of you both!

Also I'd like to remind people that one of our fund raisers is Adopt-a-Poll. Mark your calendars for California primaries on June 7th! It looks as though the presidential candidates

will not be decided by then and there could be a large turn out. We need you! Also know that it is a great way to get to know other members better. Even though we are working there is lots of time to talk to each other.

Lastly, I'm curious who reads our newsletter. So I have a test to find out. Something about me you may not know is that I make EXCELLENT margaritas! Don't take my word for it, taste one for yourself. I have friends coming over May 29th to get ready for the SLO Marathon. If you RSVP I will know to make more. Just let me know at the next luncheon if you'd like to RSVP. The password is agave. Even if you will not attend let me know you saw this.

Regards,
Christine Womack
President

MEMBERS have either a *standing or absentee reservation for lunch.*
Member cancellations or guest reservations are required by 12:00 P.M. the Friday prior to the day of the meeting.
Book your reservation online at www.sbwn.org or email info@sbwn.org

How to Join & Member Benefits

Our general membership luncheon meetings are held on the first Tuesday of each month at 12 noon. There is a \$16 meeting fee for members; \$20 for non-members and guests. (Annual membership dues are \$45). Non-members are welcome to attend two luncheon meetings – then we hope you will join us as a member. Online membership applications available at www.sbwn.org or email info@sbwn.org to request a membership brochure.

- Networking, Business Contacts & Referrals
- Friendship & Mentoring
- Education & Community Outreach
- Increased Visibility for Your Business
- Leadership Opportunities
- Monthly Meetings/Newsletter
- Membership Directory
- Group member of the Los Osos/Baywood Park Chamber of Commerce

FACEBOOK FOR BUSINESS: The HOW, WHAT, and WHEN to Engaging and Successful Posts with Gina Cinardo

On Tuesday, May 3, 2016, South Bay Women's Network (SBWN) will meet at La Palapa Mexican Cuisine & Seafood, located at 1346 2nd Street in Baywood Park at noon. Join us for our featured speaker Gina Cinardo a social media expert who will be sharing with us excellent tips on how to get your posts more Likes, Comments, and Shares. More info about Gina and a detailed description of the topic can be found on our website.

SBWN is a non-profit organization open to all women on all job levels and in every occupation that wishes to share ideas, build friendships, and exchange support needed for personal and professional growth. The meeting fee, which includes informative speakers, beautiful venue, networking and lunch, is \$16 for members and \$20 for guests. For guests reservations and member cancellations please visit our website at www.sbwn.org or email us at info@sbwn.org no later than 12 noon the Friday prior to the meeting. Bring a friend to lunch!

CHANGE IN LUNCHEON FEES beginning in June.

Due to an increase in lunch cost at La Palapa luncheon fees will be changing:
Members - \$20 Guests - \$25

Thank You

The dinner for 6 that Dianne Woodworth bid on at the Holiday Dinner was truly amazing. It was donated by Paula Ufferheide and her husband Craig. They were truly wonderful hosts and chefs. The dinner was at their beautiful home in Cambria.

They served a perfectly prepared 5 course meal, with a different wine with every course. The dinner along with a lot of good conversation and laughter made it a perfect evening.

Thank you Paula and Craig for the dinner, and for supporting the Women's Shelter.

– Debra Angell on behalf of Dianne and friends



Birthday Girls

Sharon Dalrymple May 10
Amber Heffner May 24
Linda Settevendemie May 29

Membership fees are NOW due.

If you have not paid dues by May's Luncheon you will be charged the guest meeting fee of \$20 and your online profile may no longer be visible to the public.

**We had 19 Members & Guests
at our April Luncheon
Welcome New Member
Amber Heffner**

ANNOUNCEMENTS!!!!!!

- **ADOPT-A-POLL:** Once again we have the opportunity to run a voting poll for the upcoming Primary, June 7th. This has always been a very positive experience for South Bay Women's Network and our members. We are looking for helpers for the shifts listed below. Please email info@sbwn.org or contact Gila Zak with your name, phone and the time slot you would like to work. Please note that this is the same day as our JUNE LUNCHEON and if you choose the lunch shift we can deliver your paid lunch to you at the poll. **SEE ATTACHED SHIFT/SIGN UPS.**

- **LO/BP BUSINESS SHOWCASE, FRIDAY, APRIL 22ND at the South Bay Community Center from 5:30 to 7:30 pm.** This year's theme is "A World Of Opportunity". **Visit the SBWN booth (#16) at the Business Expo.**

- **ATTENTION MEMBERS:** We have upgraded the function of our online Membership Directory. So we encourage our members to log-in and update their profile and add a color photo. As a logged in member can view members personal info (ie, home address, email), post a news item or make lunch reservations. You can contact Dawn at info@sbwn.org if you need to receive a temporary password to log in with. You can then reset it if you wish.

- Remember the newsletter is your voice. The Networker newsletter invites SBWN members to provide women in business, women in life articles and photos of important events. A newsletter is one of the best ways for network members to stay in touch with what other members are doing. Keep them posted in Network in the News and Personal Notes columns. Information can be emailed to info@sbwn.org

2016-2017 SBWN Board of Directors

President

Christine Womack
Raymond James Financial
(805) 654-7777
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Vice-President

Debra Garcia
Golden Anchor Financial
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Rita Flores
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(805) 305-4792
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Marketing Director

Dawn Rodden
Creative Design Graphics
(805) 528-8263
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Historian Director

Open

Immediate Past President

Paulla Ufferheide
Wines for Humanity
(805) 900-5152
paulla@winesforhumanity.com

LUNCH RESERVATIONS

info@sbwn.org

More April Installation Luncheon Photos



Sabrina Bender, Monique Mc Collen and Rita Flores get to know each other over lunch.



SBWN Members and guests check in with our Treasurer Lois before lunch.



SBWN Members Sandra Brazil, Pampered Chef and Rosa Metzler, retired business owner.



SBWN Member Linda Quesenberry and guest Janelle LaFond.

Photos by Dawn Rodden

A thought for the month...

"Life-fulfilling work is never about the money, when you feel true passion for something, you instinctively find ways to nurture it."

- Eileen Fisher

ADVERTISING OPPORTUNITY - SBWN Members may submit flyers for our monthly on-line newsletter for \$25. Please contact Dawn Rodden, for format information or if you need to submit a hardcopy for scanning. E-mail all digital files to info@sbwn.org.

**ONE MONTH FREE
BUSINESS CARD SIZE AD
FOR ALL MEMBERS
YOUR AD HERE!**

NEXT NEWSLETTER DEADLINE: April 15th



South Bay Women's Network
P.O. Box 6213
Los Osos, CA 93412

INVOICE

ANNUAL MEMBERSHIP:

\$45.00

Dear SBWN Member,

It is that time of year again; our annual membership fee of \$45.00 is due April 5, 2016. Please remit payment to the address below or you can bring payment to the April 5th luncheon.

Please send your check to:

SBWN
Attn: Treasurer
P.O. Box 6213
Los Osos, CA 93412

